



St. Luke Integrative  
Medical Center

**To: Our Diabetic Patients**

**SUBJECT: Great News! New program to reverse your diabetes!**

I have exciting news about your health regarding your diabetes!! Thanks to medical sciences' recent discoveries, **we can now reverse the consequences of your Type 2 Diabetes!** Yes! That is correct! **This is not a scam!** Medical science has discovered the root cause of Type 2 Diabetes AND has developed a treatment program to correct it. And we are bringing it to RevitaLife. Your doctor may not know about this, but we do! We have research to prove it.

Patients participating in this treatment program have found that their neuropathy, chronic kidney disease, energy levels, high blood sugars and all other negative consequences of their diabetes have experienced improvement and even reversal. The program is called **"PIR"** which is short for **Physiologic Insulin Re-sensitization**.

Basically, your insulin-glucagon pulsatile cycle from your pancreas started breaking down 5-7 years before your blood sugar started to rise. Because of this breakdown in the rhythm of delivery of your insulin, the insulin receptors on each cell quit working. With non-functioning receptors, no glucose could enter the cell making energy for the cell. The cells began to starve and breakdown. It is cell starvation and breakdown that keeps the cells, (whether nerve or eye or heart or blood vessel) from functioning properly not the rise in blood sugar. Each glucose molecule that enters the cell produces 36 molecules of ATP for energy. Without glucose there is no ATP and no energy either. (This explains why you are so tired all the time and craving snacks or sweets. Your cells are hungry for food. There is sugar in the blood that cannot get into the cell). The diabetics' body is slowly deteriorating due to broken cell function. **BUT THIS CAN BE CHANGED!** And we are bringing the solution to North Alabama!

Please contact us to schedule a consultation ASAP! We only have 16 seats and they will fill fast. For more of the research science, you may visit [www.insulinsolutions.com](http://www.insulinsolutions.com) or [www.diabetesrelief.com](http://www.diabetesrelief.com) to watch their webinar.

We will answer all your questions at the consultation. So, call now! (256) 489-0757 or email us at [info@stlukeimc.com](mailto:info@stlukeimc.com)

To your good health!

Charmaine Ortega MD FACEP